

Electric blankets or heating pads

We do not recommend using an electric blanket or heating pad with your mattress. Due to the temperature-sensitivity of the TEMPUR material, adding high heat can hinder its ability to react to your body temperature and conform to your body shape.

If you ever do use an electric blanket or heating pad, we recommend limiting its use to 30 minutes, and only on low or medium heat.

Mattress pads and covers

We do not recommend using a conventional mattress pad or mattress cover with your mattress. These items add another "layer" between you and the TEMPUR material, reducing its ability to conform to your body.

If you use a mattress protector, we offer the *MattressProtector by Tempur-Pedic™*, which was designed to protect your mattress without impacting the feel or performance.

Cleaning the cover

The covers on most of our mattresses can be removed and washed. If you're not sure if your mattress cover is removable, please refer to the tags sewn into the cover or contact our Customer Service department.

About washing the cover

We recommend a cold temperature setting for machine washing and a cool setting for machine drying. Air-drying is best. Do not "over-dry" the cover and do not use chlorine products or harsh stain removers of any kind.

Cleaning spills

If you spill liquid on your mattress, please take the following steps. Because the mattress should never become wet, we can't promise that these steps will completely remove the stain or odor.

- * If your mattress has a cover, remove it, wash it in cold water with mild detergent, and hang dry for best results. Never use bleach or bleaching products with the cover.
- * After the cover has been removed, soak up as much of the liquid using towels as possible. This may require pressing down on the material with the towel(s) to release the moisture.
- * Once excess moisture is removed, let the mattress air dry. To speed up the drying process, place a fan so that it blows on the mattress.
- * Never wash the TEMPUR® material.
- * TEMPUR® material should never become wet. We offer a special wet-safe cover to provide extra protection against liquid spills.
- * Do NOT wash or Dry Clean the TEMPUR-Topper Supreme. The cover can be removed and washed in cold water, dried on a cool setting or air drying which is recommended. Do not use chlorine products or harsh stain removers.

Flipping and rotating

Each of our mattresses use our patented, one-sided design that means you'll never have to flip, rotate, or turn it. The TEMPUR material will return to its original shape time after time, year after year.

Folding during moving

If needed, you can fold your Tempur-Pedic mattress to make it easier to move. Fold it with the TEMPUR® side (top) in.

About folding and cold weather

If the mattress sits in cold weather (below 50°F) folded, do not try to force it to lay flat. It may take a few hours, depending on the temperature of the room, but the mattress will naturally unfold as it warms up.

Transporting or storing

When transporting or storing your mattress, lay the mattress flat—not on its side or folded.

Using the mattress handles

The handles included on some Tempur-Pedic mattresses are for positioning purposes only—not for carrying.